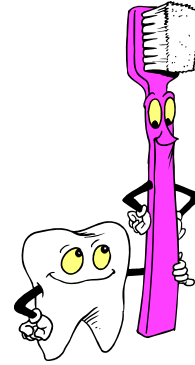


# Dental care is important for your child!



**From the very beginning**, wipe the gums and mouth with a soft, damp cloth after your baby eats.

**When your baby has two teeth**, start gently brushing them with a small, soft toothbrush and water after eating.



**By your child's first birthday, schedule the first dental appointment. To find a dentist:**

- Ask your regular clinic or doctor for a referral OR
- **Call Yakima County Kids Connect at 454-3103 or 1-866-543-7276**



**Regular dental care every 6 months will:**



- Prevent cavities
- Keep gums healthy
- Prevent pain
- Maintain a healthy smile
- Help your child learn to speak clearly

**Don't put your baby to bed with a bottle-- it can cause tooth damage!**

**Your child's dentist can answer your questions about toothpaste.**

